

# Trek to Mount Everest Base Camp, Nepal

in aid of

## Disability Essex

Enjoy the local culture and customs of Nepal and take in the breath taking views

Climb to the base camp of the world's highest peak. Take in stunning views of glacier lakes and deep gorges, not to mention the great mountain itself



For further information please contact

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Disability Essex



Charity Challenge is the concept of, and will be administered by Challenges (Un)Limited  
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All flight and accommodation arrangements are undertaken by Challenges (Un)Limited, ATOL 6546.

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